



Austin Martial Arts Festival

Presented by TaiChi People Herb Co.

AMAF Wing Chun Chi Sau

These are rules for **Ving Tsun Chi Sau**. See, also, the **AMAF General Rules**.

General

Clothing: Appropriate clothing, such as a Wing Chun (Ving Tsun, Wing Chuan, et al) uniform, must be worn. Long-sleeved shirts and short pants are not allowed. Competitors are not allowed to wear anything that may cause injury to themselves or to their opponents (rings, necklaces, etc).

A mouthpiece and groin protector are required, but hand and foot gear is not. Head gear is mandatory in the third round for the Advanced level of competition. Cotton-soled shoes, martial arts shoes, or wrestling shoes may be worn.

The referee will inspect fingernails before the matches and will not permit anyone to fight with untrimmed nails.

Divisions and Weight Classes: There will be a single division, divided by weight classes. Weight classes will be determined by information provided in competitor registration information.

Competition

Matches: The match consists of three 1-minute rounds with a 1-minute break in between. Each contestant starts each round with 30 points and their job is to GUARD their points while attacking the other. Whoever retains the most points at the end of each round wins that round.

The person who loses all 30 of their points in any one round immediately loses. The winner is decided by the best 2-out-of-3 rounds. Naturally, if someone wins the first two rounds, then the match is over and he is the winner.

The ring consists of an inner ring (2 meters in diameter) and an outer ring which is 3 meters in diameter.

Scoring: Scoring will be based on a continuous exchange of discernible techniques, with an emphasis on sticking. Judges will also be looking for solid bridging skills.

Techniques must be directed to the chest region or head with at least one hand in contact with the opponent's arm. Only light contact to the head will be allowed.

Excessive contact will be penalized with only one warning prior to disqualification.

Points will be awarded for proper and legal technical contact. Points will be deducted for errors or non-legal contact.